

# FOOD

## City Grind at the Henry

|   |  |               |
|---|--|---------------|
| SANDWICHES  | <b>Three-Cheese Griller</b>  | <b>\$4.00</b> |
|   | <i>Swiss, Cheddar, Provolone &amp; Honey Dijon Sauce</i>   |               |
|   | <b>Caprese</b>   | <b>\$7.00</b> |
|   | <i>Mozzarella, Basil, Pesto, Tomato &amp; Balsamic Sauce</i>   |               |
|   | <b>Chicken and Basil</b>   | <b>\$7.95</b> |
|   | <i>Chicken, Provolone, Tomato, Fresh Basil, &amp; Pesto Mayo</i>   |               |
|   | <b>Greek Veggie</b>  | <b>\$7.00</b> |
| <i>Feta, Roasted Red Pepper, Cream Cheese, Spinach, Red Onion, Tomato, Pesto Mayo &amp; Balsamic Sauce</i>      |  |               |
| <b>Ham, Swiss and Bacon</b>   | <b>\$7.95</b>  |               |
| <i>Black Forest Ham, Bacon, Swiss, Red Onion, Tomato, Mayo &amp; Honey Dijon Sauce</i>                          |  |               |
| <b>Roast Beef</b>   | <b>\$7.95</b>  |               |
| <i>Roast Beef, Provolone, Dijon Mustard, Pickled Onions &amp; Spicy Pepper Mix</i>                              |  |               |
| <b>BBQ Chicken, Bacon and Swiss</b>   | <b>\$7.95</b>  |               |
| <i>Chicken, BBQ Sauce, Bacon &amp; Red Onions</i>   |  |               |
| WRAPS   | <b>El Compadre</b>   | <b>\$7.75</b> |
|   | <i>Chipotle Field Roast, Roasted Corn, Black Beans, Cilantro, Cotija Cheese, Bell Peppers, Chipotle Aioli in a Whole Wheat Tortilla Wrap</i> |               |
|   | <b>Hangry Vegan</b>  | <b>\$7.75</b> |
| <i>Organic Marinated Tofu, Peanut Sauce, Cilantro, Carrots, Red Cabbage, Red Onion in a White Tortilla Wrap</i> |  |               |
| <b>Yam &amp; Kale</b>   | <b>\$7.75</b>  |               |
| <i>Yam, Black Beans, Feta, Kale, Balsamic Vinagrette, in a White Tortilla Wrap</i>                              |  |               |
| SALADS  | <b>Spinach Salad</b>   | <b>\$7.25</b> |
|   | <i>Spinach, Onion, Feta, Sun-Dried Tomatoes, Kalamata Olives</i>   |               |
|   | <b>Chicken Caesar</b>  | <b>\$7.25</b> |
|   | <i>Romaine, Chicken, Asiago-Parmesan-Romano Cheese blend</i>   |               |
| <b>Chop Salad</b>   | <b>\$7.25</b>  |               |
| <i>Romaine, Garbanzo Beans, Mama Lil's Peppers, Peperoncini, Salami, Provolone</i>                              |  |               |



## Ask about our daily soup options!

*(One is always vegetarian.)*

### SOUP

|            |        |
|------------|--------|
| Small      | \$4.00 |
| Bigger     | \$6.00 |
| Add a Roll | 50¢    |

|                              |         |
|------------------------------|---------|
| Small Soup and Full Sandwich | \$10.95 |
| Small Soup and a Salad       | \$10.50 |

### CHEAP EATS

|   |        |
|---|--------|
| <b>Peanut Butter and...</b>   | \$3.00 |
| <i>Adam's Crunchy Peanut Butter served on Franz Organic Whole Grain Bread, finished off with your choice of Strawberry Jam, Banana or Honey Toasted or not, your choice</i> |        |

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| <b>Cream Cheese and Strawberry Jam</b>   | \$3.00 |
| <i>Franz Organic Whole Grain bread, Philadelphia Cream Cheese and Strawberry Jam Toasted or not, your choice</i> |        |

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|--|--------|
| <b>Two Tacos and a Small Drip Coffee</b>               | \$8.25 |
| <i>With your choice of Salsa Verde or Tomato Salsa</i> |        |

|   |        |
|---|--------|
| <b>Three-Cheese Griller and a Small Soup</b>  | \$7.00 |
| <i>Swiss, Cheddar and Provolone melted to perfection, accompanied by a small bowl of one our daily soups.</i> |        |

*Made locally, delivered hot and fresh every day!*

|   |        |
|---|--------|
| <b>Mt. Bakon</b>  | \$3.75 |
| <i>Flour tortilla, roasted potatoes, farm-fresh eggs, bacon, sunrise salsa, jack and cotija cheeses</i> |        |

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|---|--------|
| <b>The Jack</b> (gluten-free and vegetarian)                                | \$3.75 |
| <i>Corn tortilla, Tex-Mex eggs, black beans, salsa verde, cotija cheese</i> |        |

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|--|--------|
| <b>Sunbreak</b> (vegetarian)   | \$3.75 |
| <i>Flour tortilla, roasted potatoes, farm-fresh eggs, sunrise salsa, jack and cotija cheeses</i> |        |

|   |        |
|---|--------|
| <b>Vashon</b> (vegan)   | \$3.75 |
| <i>Flour Tortilla, refried black beans, sauteed onions and peppers, soyrizo and avocado</i> |        |

Comes with your choice of Salsa Verde (mild) or Tomato Salsa (medium)

*Follow us to find out about specials and get free stuff!*

Instagram: @CityGrindEspresso

Twitter: @CityGrindCoffee

Facebook: CityGrindattheHenry

